



## LASER INGROWN NAIL REMOVAL

### POST- OPERATIVE INSTRUCTIONS

1. The anesthesia will wear off in approximately 2 to 3 hours. Take Advil or Tylenol if necessary.
  2. Stay off of foot and keep elevated for the 1<sup>st</sup> day.
  3. **Redress the bandage on night of the surgery.**
  4. Showering is allowed on the morning following the procedure.
  5. The area of skin behind the nail may become reddened and some drainage is expected at the side of the nail. You may cover the area with a gauze sponge if the drainage is profuse.
  6. Apply Bactroban cream to the area two (2) to (3) times a day and rewrap with gauze until wound scabs over.
  7. No swimming or hot tubs for **one month**.
  8. Return to office 7 to 10 days after surgery.
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## Wart Removal

### Post-Operative instructions

1. The anesthesia will wear off in approximately 2 to 3 hours. Take Advil or Tylenol if necessary.
  2. Stay off of foot and keep elevated for the 1<sup>st</sup> day.
  3. Showering is allowed on the morning following the procedure.
  4. **Remove the bandage in the morning following surgery.**
  5. No swimming or hot tubs for **2-4 weeks**
  6. There maybe some redness where the wart used to be. The area needs to be covered with gauze during the day. It is best to leave the area open to the air when possible to speed the healing.
  7. Apply Bactroban cream to the area two (2) to (3) times a day and rewrap with gauze until wound scabs over.
  8. Return to office 7 to 10 days after surgery.
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## Nail Avulsion

### Post-Operative instructions

1. The anesthesia will wear off in approximately 2 to 3 hours.
2. Stay off of foot and keep elevated for the 1<sup>st</sup> day.
3. Discomfort following the procedure is mild. Take Advil or Tylenol if necessary.
4. If the toe begins to throb, the elastic dressing around the toe may be loosened and reapplied.
5. **Remove the bandage at night of the surgery.**
6. Showering is allowed on the morning following the procedure.
7. No swimming or hot tubs for **1 week**.
8. Apply Bactroban cream to the area two (2) to (3) times a day and rewrap with gauze until wound scabs over.
9. Return to office 7 to 10 days after surgery.

Please call the office at 503-652-1121 if you have any problems.

(Routine follow-up appointments will be included for up to **10 days** following the surgery)